



MEMBERSHIP APPLICATION FORM - 2025

For official use only

Reg. No: _____

Insurance No: _____

This application form should be duly filled and sent to the secretary Sprint Skating Club, along with two photocopies of national identity card. One copy to be affixed in the space provided below. If applicant is under 18 years old, a photocopy of the national identity card of the responsible party signing the application form should be used. **SPRINT SKATING CLUB WILL NOT CONSIDER YOUR APPLICATION SHOULD YOU FAIL TO SUBMIT ALL OF THE ABOVE DOCUMENTS.**

REGISTRATION AMOUNT (2500) PAID TO THE CLUB TILL NUMBER 5192171 [Japh designs]

1. FIRST NAME: _____ SURNAME: _____

2. OTHER NAME: _____ GENDER: _____

3. TEL (Res) : _____ TEL (Mob): _____

4. RES. ADDRESS: _____

_____ Date of Birth: ____/____/____

5. EMAIL ADDRESS: _____

6. NATIONAL IDENTITY CARD NO. : _____

7. PASSPORT NO: _____

Nationality : _____

8. MEDICAL DETAILS

Blood Group : _____

Disabilities : _____

Allergies : _____

To affix a photocopy of applicant's

National Identity Card

9. YOUR INTEREST IN THE CLUB'S ACTIVITIES: *(tick appropriately in the box. you can choose more than one option.)*

RECREATIONAL SKATING

SPEED SKATING

ROLLER HOCKEY, SOCCER, B.BALL

ENDURANCE SKATING

BENCH MARKING

QUAD SKATING

FREESTYLE SKATING

AGGRESSIVE

SKATE BOARDING

10. I CERTIFY THAT THE ABOVE INFORMATION IS TRUE AND CORRECT. I CERTIFY THAT I HAVE READ THE CLUB'S MEMBERSHIP TERMS, RULES AND REGULATIONS AND WILL ABIDE BY THEM.

NAME: _____ / _____ (Sig. of Adult/Resp. party only)

RULES AND REGULATIONS

1. DISCIPLINE

As a member of Sprint Skating Club, one should know and understand that we are governed by a set of rules either in training or a normal skating day or even competition times. In regard to that, the following rules and regulations must be adhered to strictly.

- i. **Respect** – This is a very crucial aspect and must be observed all the time. The club members should respect each other regardless of their age, tribe, complexion, orientation, financial and background status. Bad mouthing other members will not be taken lightly and disciplinary measures will be taken. During training sessions any member can lead the other despite age differences.
- ii. **Accountability** - Being accountable is a must. No one will be liable for your carelessness, personal hygiene, skate shoes and other personal belongings. Training gear (normal), events gear (our brand) should be distinguished at all times, failure to which disciplinary actions will be taken.
- iii. **Kindness** - Be kind and gentle to your fellow members, respect their opinion despite everything. Be your brother's keeper, take good care of them and assist where necessary. Correct your fellow team mate with the dignity deserved.
- iv. **Humble** - Be humble no need for rudeness. Be flexible to any situation at all times.

2. TRAINING / CHAMPIONSHIPS RULES AND REGULATIONS

- I. Training starts at 10:00am and ends at 4:30pm. Exceptions shall only be made with prior notice.
- II. **Missing three consecutive training sessions in a row and communicated mandatory championships without prior notice may lead to termination of membership.**
- III. **Joint Trainings & Events:** All joint trainings will be mandatory for all members. It is a way of measuring our progress. The club's officials will communicate all mandatory events that must be attended. A registration fee of 1000 must be paid by all club members or any other invited guests
- IV. Carry your own water bottle.
- V. Respect each others views during training.
- VI. Give everyone space and time to express their opinion or make a contribution.
- VII. **Punctuality is key. Coming late during training will not be accepted.**
- VIII. All questions are valid. We don't know what we don't know!
- IX. Participate actively during every training session.
- X. Respect every skater's equipment during training. All club equipment issued **MUST BE TAKEN CARE OFF** incase of any loss or fault they **MUST BE** replaced or repaired.
- XI. **Inappropriate language during training and championships is not allowed. (this applies to both skaters and parents)**
- XII. Training is more effective when you have continuous regular trainings as opposed to sporadic trainings at random times.
- XIII. In any training session, you should use people and sources that can be identified as experts to add credibility to what you already know. If you have training on a new product technique, be generous to teach your fellow skaters.
- XIV. Feel free to ask questions during training. An interactive training session is more beneficial.
- XV. **All championships attended locally or internationally with the club resources must be communicated directly to the club management and feedback given in relation to the representation. Otherwise you are not allowed to use any club facility or branded material for personal events or trips.**
- XVI. Create time to watch at least one YouTube video each week to help you with technique. Before every training session we will ask you what you learned from what you watched.

- XVII. All athletes are blocked from representing other clubs as per signature to this contract, all exchange programs will only be authorised officially by the club’s board of Directors. Failure to this will lead to contact termination or so court cases with the violating party.
- XVIII. Every Athlete has a mandate to give his or her best performance during championships to boost the club’s performance, all races registered MUST BE participated and a vetting session done after words to discuss performance.

Affirmation date & signature:

3. EQUIPMENT

Sprint Skating Club started with almost nothing in terms of skating equipment (speed skates, wheels, helmet, glasses, speed suits, water bottles). Through ups, downs and people of good will, Sprint Skating Club Kenya has grown to be the only club with the best high end equipment.

The following rules and regulations shall be used to govern all matters equipment in the club and must be followed strictly.

- I. Any equipment handed over shall forever remain to be the clubs property. In case a member is dormant, suspended or his or her membership terminated he or she must therefore surrender back to the club all the property that was given.(all equipment has to be taken care of failure to which will lead to replacement of the equipment of the same quality)

Equipment given

- 1.
- 2.
- 3.
- 4.
- 5.

(agreement to surrender all club equipment in case of membership expiry of termination by either side)

Consent (name & date):

Signature:

- II. Each member must at least acquire one official club suit for every design that the club has.
- III. No Sharing of equipment. Exceptions shall be made only where the coaches have had an agreement with the said athlete/skater/parent/guardian.
- IV. Skaters must keep all their equipment clean and neat at all times.
- V. Disciplined, hardworking and obedient athletes will be given first priority in distribution of equipment. Undisciplined, lazy and disobedient athletes will be stripped off their privileges.
- VI. For boots and suits a subsidy fee shall be required but this is only for SCK members. In a place where a member has been expelled from the club or left the club **25% of his or her payment shall be returned upon returning the equipment in his or her possession depending on the condition.**
- VII. If you are not in a position to attend trainings, championships or Joint trainings the equipment issued will be subject to re-issuing to an active member.

Signature :

WAIVER AND RELEASE OF LIABILITY AND INDEMNITY AGREEMENT

In order to become a member of Sprint Skating Club, the club requires that all applicants sign the following Waiver and Release of Liability and Indemnity Agreement. If an applicant for membership in Sprint Skating Club is under the age of 18 at the time of the application, the parent or legal guardian of the applicant must sign the following parental consent and indemnity agreement.

- I. Sprint Skating Club has the right, but not the obligations to provide rules, regulations and I hereby acknowledge that the Sprint Skating Club shall not be responsible for the supervision of the members at the club.
- II. In consideration of participating in The Sprint Skating Club activities (including but not limited to club skating sessions, holiday training program, exhibitions and test sessions facilitated by the club), I represent that I understand the nature of such skating activities (hereafter referred to as "Activity") and that I am qualified, in good health and in proper physical condition to participate in such activity.
- III. I acknowledge that if I believe the event conditions are unsafe, I will immediately discontinue participation in the activity. I fully understand that the activity involves risk of serious body injury, including permanent disability, paralysis and fatality which may be caused by own actions, or inactions, those of others participating in the activity, the condition in which the activity takes place or the negligence of the releases named below; and that there may be other risks either not known to me or not readily foreseeable at this time, and I fully accept and assume all such risks and all responsibility for losses, costs and damage I incur as a result of my participation in the activity.
- IV. I hereby release, discharge and agree not to sue The Sprint Skating Club, KFRS and their directors, officers, administrators, sponsors, volunteers, agents, employees, staff, instructors, and trainers (each of which shall be considered one of the releases herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by negligence of the Releases or otherwise, including negligence rescue operations; and I further agree that if, despite this release and indemnity agreement, I or anyone on my behalf, makes a claim against any of the releases, I will indemnify, save and hold harmless each of the Releases from any loss, liability, damage, or cost which any may incur the result of such claim.

- V. I have read this waiver and release of liability and indemnity agreement, and I understand that I have given substantial rights by signing it and signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding shall continue in full force and effect.

Printed Name of Applicant: _____

Signature of Applicant: _____ Date: _____

COMMITMENT PLEDGE

Athlete's Full Name: _____

As an SSC athlete, you are bound by a stricter moral and behavioural code. As such, you will be responsible for conducting yourself in a manner above at all times and in all places.

If you choose to accept this responsibility, you and your guardian must sign this contract, and in doing so, you agree to abide by the consequences set forth below:

1. Every member of the SSC family has a duty to represent himself / herself and the team in the best manner possible. This applies to your behaviour both in the club and outside of the club.
2. You are expected to avoid situations where you might be accused of wrong-doing. Being in the "wrong place at the wrong time" is not an excuse if you chose to be there in the first place.
3. Every parent MUST uphold himself/herself with the at most respect expected around athletes or in championships.
4. No drugs or alcoholic drinks will be allowed around athletes during sessions.
5. ***All sprint skating Events will only be planned by the club's management, authority to plan aside the official criteria must be liaised with the club's management.***
6. As a club member, you should stick to the duties assigned all private classes must not affect the official training.

The following violations may also result in suspension or dismissal from Sprint Skating Club Kenya **(This applies to skaters and parents):**

- i. Using illegal substances i.e. drugs, alcohol, Marijuana or tobacco at any time.(during sessions or in the midst of sessions)
- ii. Allowing yourself to be in a situation, in the club or away from the club, where you are accused of/arrested for an illegal activity.
- iii. Constantly Missing training (unless excused by the Coach).
- iv. Skipping trainings and meetings.

- v. Poor sportsmanship thus affecting the club's overall performance.
- vi. Harassment (verbal / physical / sexual etc.) of a team member.
- vii. Any act (either in club or away from the club) which in the opinion of the coaching and/or parents, reflects in a negative manner on the SSCK moral code.
- viii. Electronic communication (text, Facebook, Twitter, WhatsApp, phone calls etc.) should be positive and should never negatively reflect on other teammates or coaching staff. If it is not positive don't post it.
- ix. All private sessions should be done in an organised manner and ensure all DUES sorted on time.

By signing below, you affirm that you have read this and fully understand the rules set forth by this contract. You are also stating that you understand that violations of the Sprint Skating Club Kenya's behaviour policies could result in your being dismissed from the skating program.

Player's Signature: _____ Date: _____

Coordinator's Signature: _____ Date: _____